



SASS-MOKAN Newsletter



SASS Walk Special Edition

Volume 2, Issue 6, September 2010

The 7th Annual SASS Remembrance Walk is less than 2 weeks away. Please pre-register online for this year's event that is being held on September 12th!

[Click here for SASS Walk Online Registration](#)



The cost is \$25 per person and includes a 2010 SASS Walk shirt and all of the other goodies that our sponsors and donors provide. For more information please visit the sass-walk page.

SASS Walk Questions and Answers:

Q. "What is the purpose of the SASS Walk?"

A. The walk was started to help unite others who have experienced a loss of a loved one by a tragic death. Its purpose is to unite survivors and let them know they are not alone.

Q. "What should I expect if I attend this event?"

A. It is a time to reflect on loved ones, for fellowship with others who have experienced a difficult loss. The walk reflects that we have survived this traumatic loss and continue to honor our loved one's memory. Hearing the walkers' steps hitting the pavement, to the pattering of doves being released, to the sound of the motorcycles starting up, it is our way to let our loved ones know they are and will continue to be dear to our hearts. We honor them in memory and spirit. [See all Q&A's](#)

"Our Butterfly Blessings" Book Purchase/Signing

"Our Butterfly Blessings", is a beautifully written personal account from Sharon Norris after her 20-year-old-son Ryan's suicide. Sharon has taught music as therapy to emotionally disturbed youth in the Kansas City area. In her tender and uplifting book the quietly extraordinary events involving butterflies offer blessings of love, peace, and hope in a time of grief. This book is a must read for survivors and will be available for purchase at our event. Please make a point to stop by Sharon's table and get your

We thank our 2010 SASS Walk Sponsors

Farm To Market, Shawnee Mission Medical Center, First Choice Printing / MiPrint Shop, UMB Bank, Garmin, Midwest Anxiety, Bike for Brain, Astra Zeneca, Signature Loan, Craig Sole Flowers, Pain Management, Women of Beth Torah, Entire Computer Solutions, KCTV 5, DW Newcomers, Commcare, New Directions, Precision Pipe, Blue Cross Blue Shield, Sonic of Blue Springs, NAMI, Truman Medical Center, Tri County Mental Health, Ridgewood Donuts, The Roasterie, Liberty Fruit, Spiller Family, Research Psychiatric Center, Shelley L. Bartel, LSCSW Global Compass Group, K.C. Help Desk, Friends of Psychiatry, Steak n Shake – Olathe, Queen's Price Chopper, Romanelli Optical, SPIN Pizza, McKeever Price Chopper, Argosy Casino, Edward Jones-Mark Zastrow, Dairy Queen- Stanley, Llywelyn's Pub, Time Warner, Paulo and Bill, First Watch, National World War I Museum, Stanford & Sons Comedy, Jersey Boys, Jose Peppers, HyVee – 95th & Quivira, Heartland Honey, JP WineBar, Massage Envy – Lenexa, Cornerstone Family Chiropractic



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Questions and/or comments? E-mail us at info@sass-mokan.com or call Mickey and Bonnie Swade

- 913-681-3050